



The Colorado Trail Foundation

710 10th Street, Rm. 210, Golden, CO 80401 303-384-3729 ctf@ColoradoTrail.org

WHAT TO BRING ON A CTF ONE-DAY CREW (2WD, HCV, 4WD)

ESSENTIAL ITEMS

- Water Bottle(s) or Hydration Bladder:** minimum two-quart capacity.
- Daypack:** to carry your water (minimum two quarts), snacks, lunch, jacket and rain gear to work site; larger often better than smaller.
- Work Clothing:** long pants, work gloves, sturdy (leather) work or hiking boots. For safety reasons *canvas footgear is not allowed* while working on the trail.
- Warm Clothing:** hat, gloves, sweater or warm jacket, long sleeve shirt, and socks. (Choose synthetics or wool; avoid cotton.) Early morning temps or passing thunderstorms **may be very chilly.**
- Rain Gear:** in all cases. You may get rained on (cold rain)!
- Sun Protection:** sun screen, lip balm, hat with brim.
- Eye Protection:** sunglasses or safety glasses for flying rock chips.
- Mosquito Repellent.**
- First Aid Items:** pain reliever, moleskin, bandages, etc. A complete 1st Aid kit will be available on-site.
- Prescription Medications**

OPTIONAL ITEMS

- Something to carry your lunch in
- Binoculars
- Camera (the CTF would value you sharing your good photos - we need them for publications)

**Dogs & firearms are not permitted on CT crews, in part due to US Forest Service regulations.*